

## Terms and Conditions

### **Medical Declaration**

I declare that I am medically fit to participate and I accept that the organisers shall in no circumstances be under any liability for any injury, loss, or damage sustained in connection with any classes, courses, 1-2-1 sessions or online coaching run by beXtrifit. I understand that I participate in any beXtrifit sessions at my own risk and that the organisers will not be responsible for any loss or injury sustained by me. I understand that the organisers will require a medical form to be filled in before participating in any sessions and beXtrifit has the right to refuse participation if I am not medically fit to take part.

### **Classes**

Payment for all classes must be made in advance of the session. Sessions can be booked and paid for via the app or the beXtrifit website. The organisers will not accept cash or bank transfers for any sessions.

Classes can be booked any time up to start of the session. Classes can be cancelled up to 6 hours before the start of the session. If a session is cancelled more than 6 hours before the session, a credit will be given back to the participant which must be used within 120 days from when it is issued. Refunds will not be given if a session is cancelled less than 6 hours before it starts.

### **Credit Packs**

The “10 credits” pack expires 6 months after the date of purchase. The “20 credits pack” expires 12 months after the date of purchase. The “40 credits” pack expires 12 months after the date of purchase. All credits must be used within the above time frames. Any remaining credits after the expiry date will be cancelled. Un-used credits cannot be transferred to a later date and no refunds can be given on any credits that have expired.

### **Courses**

Full payment for any courses must be paid in advance of the first session. Sessions can be booked and paid for via the app or the beXtrifit website. The organisers will not accept cash or bank transfers for any sessions.

If a participant wishes to cancel their place on a course, they must do so within 48 hours of the first session. An option to transfer their place to the next course will be offered. The participant will not be allowed to transfer to any other course except from the very next course of the same type. No refunds will be offered.

If a participant does not attend a session within a course, they will lose the session. It will not be possible to transfer it to another course or to refund the session.

### **1-2-1 sessions**

All 1-2-1 sessions must be paid 48 hours in advance of the session. If payment has not been received the Session will be cancelled. If a 1-2-1 session is cancelled 24 hours before the session, the participant can have a refund or use the payment for the next session of the same type. If a session is cancelled less than 24 hours before the session. No refunds or transfers can be given.

Payments for session must be made by bank transfer or Cash.

### **Online Coaching**

The price for online coaching does not include any of the classes, courses or 1-2-1 sessions. Online coaching packages expire at the end of 3, 6, or 12 months after the date of purchase

(depending on package purchased) and cannot be refunded or transferred to any other times outside of the coaching period.

All coaching will be delivered through Training Peaks and the client is responsible for downloading Training Peaks. beXtrifit will upload sessions weekly to training peaks and will communicate to the client through various forms of communication on a weekly basis. The client is responsible for ensuring that beXtrifit is informed of progress as well as any injuries and how sessions went in order to allow beXtrifit to set the right sessions. beXtrifit shall in no circumstances be under any liability for any injury, loss, or damage sustained through training from the online programme.

### **“All in!” Coaching**

The price for the “All in!” option includes online coaching and unlimited classes only in that month. The plan does not include 1-2-1 sessions or courses. “All in!” membership will automatically renew each month unless the client informs beXtrifit. The membership lasts for 1 month from the date of the first payment. If a membership is cancelled, the client will have the use of the services for the rest of that month, regardless of which date it was cancelled. Unused classes or services cannot be transferred to anyone else, any other months, any other courses or be refunded.

All coaching will be delivered through Training Peaks and the client is responsible for downloading Training Peaks. beXtrifit will upload sessions weekly to training peaks and will communicate to the client through various forms of communication on a weekly basis. The client is responsible for ensuring that beXtrifit is informed of progress as well as any injuries and how sessions went in order to allow beXtrifit to set the right sessions. beXtrifit shall in no circumstances be under any liability for any injury, loss, or damage sustained through training from the online programme.